

ALL AGES TIMETABLE

Classes are separated based on school year in 2026.

TIMETABLE IS SUBJECT TO CHANGE

YEAR 2 - YEAR 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HIP HOP 4:00PM-4:45PM	CONTEMPORARY 3:45PM-4:30PM	BALLET 3:45PM-4:30PM	3:45PM-4:30PM BALLET INTENSIVE**	MUSICAL THEATRE 3:45PM-4:30PM
JAZZ 4:45PM-5:30PM	LEVEL 1 ACROBATS 4:45PM - 5:45PM	TAP 4:30PM-5:15PM	LEVEL 1 ACROBATS 4:30PM - 5:30PM	
	LEVEL 2 ACROBATS* 4:45PM-5:45PM		LEVEL 2 ACROBATS* 5:30PM-6:30PM	

*Level 2 Acrobat class enrolments are subject to skill/ability. Please email UDP with prior acrobat experience and skills so that we can enrol your child in the appropriate class

**Ballet Intensive students must be enrolled in Year 2-3 Ballet to be able to enrol in this class

YEAR 4 - YEAR 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAZZ 3:45PM-4:45PM	BALLET 3:45PM-4:45PM	CONTEMPORARY 5:15PM - 6:15PM	BALLET INTENSIVE*** 3:45PM-4:30PM	MUSICAL THEATRE (YEAR 4 ONLY) 3:45PM-4:30PM
HIP HOP 4:45PM-5:45PM	LEVEL 1 ACROBATS 4:45PM - 5:45PM		LEVEL 1 ACROBATS 4:30PM-5:30PM	MUSICAL THEATRE (YEAR 5 & YEAR 6)
TAP 5:45PM-6:45PM	LEVEL 2 ACROBATS* 4:45PM - 5:45PM		LEVEL 2 ACROBATS* 5:30PM-6:30PM	4:30PM-5:30PM
	LEVEL 3 ACROBATS* 4:45PM-6:15PM		STRETCH & STRENGTH 5:45PM-6:45PM	
	ADVANCED 1 ACROBATS* 6:15PM - 7:45PM		LEVEL 4 ACROBATS* 6:45PM - 8:15PM	
	STRETCH & STRENGTH 6:45PM-7:45PM			

*Level 2 & 3/Adv. 1 Acrobats class enrolments are subject to skill/ability. Please email UDP with prior acrobat experience and skills so that we can enrol your child in the appropriate class

**Ballet Intensive students must be enrolled in Year 4-6 Ballet to be able to enrol in this class

YEAR 7 - YEAR 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HIP HOP 5:45PM-6:45PM	LEVEL 2 ACROBATS* 4:45PM-5:45PM	TAP 6:15PM-7:15PM	LEVEL 2 ACROBATS 4:30PM-5:30PM	MUSICAL THEATRE 4:30PM-5:30PM
JAZZ 6:45PM-7:45PM	LEVEL 3 ACROBATS* 4:45PM-6:15PM	CONTEMPORARY 7:15PM-8:15PM	STRETCH & STRENGTH 5:45PM-6:45PM	
	BALLET 5:45PM-6:45PM		LEVEL 4 ACROBATS 6:45PM-8:15PM	
	BEGINNER POINTE* 6:45PM-7:30PM		BALLET INTENSIVE 6:45PM-7:45PM	
	ADV. 1 ACROBATS* 6:15PM-7:45PM		INTER/ADV. POINTE 7:45PM-8:30PM	
	STRETCH & STRENGTH 6:45PM-7:45PM			

YEAR 9 - YEAR 11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAZZ 5:45PM-6:45PM	ADV. 1 ACROBATS* 6:15PM-7:45PM	TAP 5:15PM-6:15PM	STRETCH & STRENGTH 5:45PM-6:45PM	MUSICAL THEATRE 4:30PM-5:30PM
HIP HOP 6:45PM-7:45PM	BEGINNER POINTE* 6:45PM-7:30PM	CONTEMPORARY 6:15PM-7:15PM	BEGINNER BALLET* 5:45PM-6:45PM	
	STRETCH & STRENGTH 6:45PM-7:45PM		LEVEL 4 ACROBATS* 6:45PM-8:15PM	
	BALLET 7:30PM-8:30PM		BALLET INTENSIVE* 6:45PM-7:45PM	
			INTER/ADV. POINTE 7:45PM-8:30PM	

*Level 2, 3 & 4/Adv. 1 Acrobat class enrolments are subject to skill/ability. Please email UDP with prior acrobat experience and skills so that we can enrol your child in the appropriate class

*Pointe: Beginner Pointe - Students with a minimum of 3 years prior ballet experience new to pointe. To enrol students must be enrolled in both Ballet & Ballet Intensive.

Intermediate/Advanced Pointe - Students that have trained in Pointe Shoes for a minimum of 1 year (i.e. 2025 Beginner Pointe & Intermediate/Advanced Pointe Students)

*Beginner Ballet for students with 1-2 years prior ballet experience.

*Ballet Intensive students must be enrolled in another ballet class each week to be eligible to enrol.

YEAR 12+

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CONTEMPORARY 6:45PM-7:45PM	ADV. 1 ACROBATS* 6:15PM-7:45PM	TAP 5:15PM-6:15PM	STRETCH & STRENGTH 5:45PM-6:45PM	MUSICAL THEATRE 4:30PM-5:30PM
HIP HOP 7:45PM-8:45PM	BALLET 7:30PM-8:30PM	JAZZ 7:15PM-8:15PM	BALLET INTENSIVE* 6:45PM-7:45PM	
		STRETCH & STRENGTH 8:15PM-9:15PM	INTER/ADV. POINTE 7:45PM-8:30PM	

*Adv. 1 Acrobat class enrolments are subject to skill/ability. Please email UDP with prior acrobat experience and skills so that we can enrol your child in the appropriate class

*Pointe: Beginner Pointe - Students with a minimum of 3 years prior ballet experience new to pointe. To enrol students must be enrolled in both Ballet & Ballet Intensive.

Intermediate/Advanced Pointe - Students that have trained in Pointe Shoes for a minimum of 1 year (i.e. 2025 Beginner Pointe & Intermediate/Advanced Pointe Students)

*Ballet Intensive students must be enrolled in another ballet class each week to be eligible to enrol.

